Advanced Practice Assessment and Skills Workshop

Sinclair School of Nursing
University of Missouri Health

March 17-18, 2016
Peachtree Banquet Center
Columbia, MO

AGENDA

Day One – Thursday, March 17

Unlimited registration.

Will employ interactive learning methods focused on advanced assessment skills.

7:15  Check-In and Light Breakfast
7:45  Welcome and Introductions
8:00  Domestic Violence and Child Maltreatment - Dr. Laura Kuensting
9:45  Beverage Break
10:00  Child Sexual Assault Patterns of Injury - Dr. Laura Kuensting
12:00  Hosted Luncheon
1:00  Advanced ECG Interpretation - Dr. Gina Oliver (0.5 Rx Contact Hours)
2:30  Beverage Break
2:45  Psychopharmacology Update - Dr. Nancy Birtley (2.0 Rx Contact Hours)
4:45  Wrap-Up and Evaluations
5:00  Adjourn

Day Two – Friday, March 18

Registration for Day 2 is limited to the first 25 registrants on a 1st come, 1st served basis.

7:15  Check-In and Light Breakfast
7:45  Welcome and Introductions
8:00  Basic Suturing - Dr. Laura Kuensting
10:00  Beverage Break
10:15  Basic Suturing (Continued)
12:45  Hosted Luncheon
1:30  Advanced Suturing - Dr. Laura Kuensting
3:00  Snack Break
3:15  Advanced Suturing (Continued)
4:45  Wrap-Up and Evaluations
5:00  Adjourn

Purpose

Provide up-to-date information for current Advanced Practice Registered Nurses (APRNs) with the intent to practice to the full extent of their education and training. Select assessment skills and procedures encountered in both acute and primary care settings will be presented by nationally recognized faculty.

This Workshop will assist both DNP students and current APRNs to meet core population-focused competencies and behaviors outlined by the National Organization of Nurse Practitioner Faculty (NONPF, 2013) and the National Association of Clinical Nurse Specialists (NACNS, 2010). Please see descriptions of the sessions below.

Target Audience

Advanced Practice Registered Nurses (Acute and Primary Care FNP, Acute and Primary Care PNP, Adult/Gero CNS, Pediatric CNS), Emergency Department Nurses who are seeking advanced clinical knowledge.

BONUS: Suture kits and supplies will be provided for each individual and can be taken home for further practice.

Faculty – MU Sinclair School of Nursing

Laura L. Kuensting, DNP, APRN, PCNS-BC, CPNP, CPEN, Director, Institute of Emergency Nursing
Advanced Practice (IENAP)/Emergency Nurses Association (ENA) and Adjunct Assistant Teaching Professor

Gina Oliver, PhD, APRN, FNP-BC, CNE, Associate Teaching Professor

Nancy Birtley, DNP, APRN, APMHCNS-BC, PMHNP-BC, Assistant Teaching Professor and Owner, Private Practice, Psychiatric Consultation Services
Benefits

- Taught by nationally recognized faculty members of the University of Missouri, Sinclair School of Nursing DNP program, recipients of the 2015 Central Region Excellence Award from the University Professional and Continuing Education Association.
- Opportunity to network and interact with experienced nurses and doctoral students specializing as Family and Pediatric Nurse Practitioners and Adult/Gero and Pediatric Clinical Nurse Specialists.
- Suture kits and supplies will be provided for each individual and can be taken home for further practice.

Session Descriptions

Day 1, March 17, 7:15am – 5:00 pm

**Domestic Violence and Child Maltreatment**

This session will identify and discuss common risk factors for domestic violence, child abuse and neglect. Subjective and objective assessment parameters will be illustrated with slides of actual domestic violence victims (note: contains graphic material).

**Child Sexual Assault Patterns of Injury**

This session will describe key elements used to identify accidental versus non-accidental patterns of injury in adults and children. Patterns of injury will be depicted using slides from actual sexual assault cases (note: contains graphic material).

**Advanced ECG Interpretation** *(0.5 Rx Contact Hr)*

In this session, appropriate placement of a 12-lead ECG will be illustrated. ECG case examples will be used to differentiate 12-lead abnormalities and dysrhythmias. Various treatment options for selected 12-lead abnormalities and dysrhythmias will be discussed based on actual case studies.

**Psychopharmacology Update** *(2.0 Rx Contact Hr)*

This session includes a review and discussion of neurotransmitters as well as recognition of therapeutic differences among each psychotropic drug classification. Appropriate psychotropic prescribing practices for the treatment of depression, anxiety, psychosis, and childhood disorders will be discussed using specific case examples.

Day 2, March 18, 7:15am – 5:00 pm

**Basic and Advanced Suturing** *(All day session)*

This hands-on workshop will review basic skin anatomy, the etiology of wounds, and major factors affecting wound healing. Appropriate wound anesthesia, cleansing techniques, and indications for various wound repair techniques will be discussed. Each participant will practice and perform 10 basic and advanced wound repair techniques including: Basic, interrupted suture (square) knots; Running suture; Flap laceration and Dog-ear repairs; Horizontal and Vertical mattress sutures; Subcutaneous (buried knot) and subcuticular sutures; Skin adhesive; and Skin staples. Participants will also practice and demonstrate advanced techniques for suture, adhesive, and staple removal; incision and drainage of an abscess; and perform a skin punch biopsy.

GENERAL INFORMATION

**Location**

The conference will be held at the Peachtree Catering and Banquet Center Ballroom, 120 E. Nifong, Suite D, Columbia, Mo., 65205. Should you need to be reached during the activity, the phone number is 573-875-6608. See website for directions to Peachtree.

**Lodging**

**Stoney Creek Hotel**

A block of rooms at the special rate of $99 has been reserved for the evenings of March 16-17, 2016 until February 16, 2016 at the Stoney Creek Hotel, located at 2601 S. Providence Road, Columbia, Mo., 65203. After this date, rooms will be on a space available basis only. To make reservations, please call 1-800-659-2220. The hotel is located just off Providence Road, 1.5 miles north of the Peachtree Banquet Center where the conference will be held. Be sure to ask for the MU SCHOOL OF NURSING room block. Participants are responsible for making their own reservations and guaranteeing reservations with a credit card.

See website for driving directions and area map with location of Peachtree Banquet Center and Stoney Creek Hotel. They are within roughly a 1 mile radius.

**Accreditation**

University of Missouri Sinclair School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Midwest Multistate Division Provider Number 716-VII.

Up to 7.50 contact hours including 2.50 Rx hours will be awarded for Day 1 and 7.75 contact hours for Day 2 to all individuals who attend, complete the evaluation form, and are paid in full. This approval is reciprocal in all states and for all specialty organizations that recognize the ANCC approval process.

**Registration Cancellation and Substitution**

We understand that circumstances may arise that require you to cancel or send a substitute. If you cancel your attendance five or more business days before the conference, your registration fee will be refunded, less a $25 processing fee. You may send a substitute at any time. Please notify the Nursing Outreach office of any registration changes prior to the conference to facilitate the check-in process.

Please note that upon submitting your registration, you are responsible for paying the full registration fee, whether or not you actually attend the conference, unless your registration is canceled at least five business days prior to the conference. All cancellation notices must be in writing; e-mail notification is acceptable.

**Handouts**

A conference syllabus will not be provided. A link to the handouts will be e-mailed to each paid registrant one week prior to the conference. MU Nursing Outreach only provides the link to handouts to paid registrants of this conference. Accordingly, please do not share this link. If someone needs the link, they should call our office at 573-882-0215.

**Planning Committee -MU Sinclair School of Nursing**

Jane Bostick, PhD, RN, PMHCNS-BC, Teaching Professor

Shirley J. Farrah, PhD, RN-BC, Assistant Dean, MU Nursing Outreach and Associate Teaching Professor

Robin C. Harris, DNP, RN, Assistant Teaching Professor and Director, DNP Program