Target Audience
Acute and Primary Care FNs, Acute and Primary Care PNs, Adult/Gero and Pediatric CNSs, Psychiatric Mental Health NPs and CNSs, Emergency Department Nurses, Long-Term Care Providers.

The preconference may also be of interest to hospital and nursing home administrators (CE credit for NHA as well as RNs/APRNs), physician practices and office managers.

Purpose
The purpose of the Advanced Practice Assessment and Skills Workshop (Regular Conference) is to enhance the knowledge and skills of Advanced Practice Registered Nurses (APRNs) in all settings regarding how to assess, manage and treat commonly occurring health disorders across the lifespan. Hands-on workshops will be offered for advanced chest, abdominal and skeletal X-ray interpretation as well as basic and advance suturing. Topics will focus on the entire lifespan, including opioid addiction, chronic pain, ADHD, autism, geriatric mental health issues, common cardiac conditions, infectious diseases, antibiotic stewardship, skin assessment, and wound care techniques.

A special preconference on appropriate documentation to support appropriate coding and billing of services is an added feature this year.

Both the regular conference and preconference are designed to assist DNP students and current APRNs to practice to the full extent of their education and training.

Coding and Billing
Preconference: Wednesday, March 15, 2017
Sinclair School of Nursing, Room S342
Attendance at the preconference can be either face-to-face or online. Please register for your choice.

Agenda
PM
4:30 Check-in and Box Dinner
5:15 Welcome and Introductions – Cindy Stephens, MS(N), RN, Nurse Planner, MU Nursing Outreach and Jane Bostick, PhD, RN, PMHCNS, Coordinator DNP PMHNP Track; Chair, MSN/DNP Curriculum Committee, MU Sinclair School of Nursing, Columbia
5:30 Missouri Collaborative Practice Law and Negotiating Employment – Nancy Birtley, DNP, APRN, PMHCNS-BC, PMHNP-BC, Assistant Teaching professor, MU Sinclair School of Nursing and Owner, Psychiatric Consultation Services, St Louis
   This presentation will review required components for Collaborative Practice Agreements in the state of Missouri. Important topics of discussion for negotiating employment will also be reviewed.
6:00 Show Me the Money: Ensuring Fiscal Viability
   Speakers from University of Missouri Health Care (representing Coding, Billing, Finance)
   Employing an advanced practice nurse can significantly improve the quality of care and increase the revenue base of a practice. This presentation will include guidelines, regulations and tips related to APRN billing for services provided.
7:00 Break
7:15 Documentation for Billing & Coding for LTC, Psychiatric, Acute Care and Primary Care Services
   Speakers from University of Missouri Health Care (representing Coding, Billing, Finance)
   Proper billing and coding is important to ensure appropriate reimbursement for services rendered. This presentation will discuss necessary documentation for billing in the acute care, primary care, long term care, and psychiatric setting.
8:45 Adjourn
Day One – Thursday, March 16

AM
7:15   Check-in and Breakfast
7:45   Welcome and Introductions
Cindy Stephens, MS(N), RN, Nurse Planner/ Clinical Instructor, MU Sinclair School of Nursing, Columbia and Jane Bostick, PhD, RN, PMHCNS-BC, Coordinator DNP PMHNP Track, Chair, MSN/DNP Curriculum Committee, MU Sinclair School of Nursing, Columbia

8:00   Opioid Addiction: Prescribing Opioids (Rx 45 mins) - Bridget Early, MD, Namaste Healthcare, Ashland
This presentation will discuss the neurobiology for the disease model of addiction along with the epidemiology for opioid addiction. Treatment options will be explored including use of medication-assisted treatment. The issues to consider when working with an addicted person for pain control, surgery or breastfeeding will also be covered. Best practices for recovery and managing the complications typically encountered by those striving toward abstinence will be included.

9:45   Beverage Break

10:00  CONCURRENT SESSIONS (Choose One)
A) DSM-5 Update - Nancy Birtley, DNP, APRN, PMHCNS-BC, PMHNP-BC, Assistant Teaching Professor, MU Sinclair School of Nursing, Columbia and Owner, Psychiatric Consultation Services, St Louis
This presentation will review the history of the DSM and how to use this valuable resource. In addition, recent changes from the DSM-IV-TR will be highlighted.

B) Advanced Wound Management (Rx 30 mins) - Carolyn Crumley, DNP, RN, ACNS-BC, CWOCN, Adjunct Instructor of Nursing, MU Sinclair School of Nursing, Columbia; Wound, Ostomy & Continence Nurse, St Luke’s East Hospital, Lee's Summit
This session will differentiate the assessment and treatment of chronic wounds, including pressure injuries, diabetic/neuropathic foot ulcers and lower extremity wounds related to venous and arterial disease. Topical pharmaceutical agents and adjunctive therapy options will be discussed.

PM
12:00  Hosted Luncheon
1:00   CONCURRENT SESSIONS (Choose One) a fifteen minute break is included
C) Basic Suturing (Rx 15 mins)
Laura Kuensting, DNP, APRN, PCNS-BC, CPNP, CPEN, APRN, Children’s Mercy Hospital - St Louis and DNP Program Director, Associate Teaching Professor, College of Nursing, University of Missouri, St Louis
This hands-on workshop will review basic skin anatomy, the etiology of wounds, and major factors affecting wound healing. Appropriate wound anesthesia, cleansing methods and indications for various wound repair techniques will be discussed. Each participant will practice and perform basic wound repair techniques including basic, interrupted sutures, running sutures, flap laceration and dog-ear repairs.

D) Psychiatric/Mental Health Across the Lifespan (Rx 3hrs) – there are 2 components to this concurrent session
1. Prescribing Practices for Children and Adolescents with Behavioral Disorders
Ravi Shankar, MD, Assistant Professor, Department of Psychiatry, MU School of Medicine, Columbia
Common causes of disruptive behavior in children and adolescents will be discussed along with identifying best treatments (e.g.,
medications, psychotherapy) for each disorder. The common side effects of medications used in treating disruptive behavior will be included.

2. Geriatric Mental Health: Pharmacologic and Non-Pharmacologic Management
Nancy Birtley, DNP, APRN, PMHCNS-BC, PMHNP-BC, Assistant Teaching Professor, MU Sinclair School of Nursing, Columbia and Owner, Psychiatric Consultation Services, St Louis

This presentation will review common mental health concerns in the geriatric population. Non-pharmacological and pharmacological interventions will be discussed, with special consideration of CMS regulations in long term care facilities.

PM
12:00 Hosted Luncheon
1:00 CONCURRENT SESSIONS (Choose One)
A) Advanced Suturing (Rx 15 mins)
Laura Kuensting, DNP, APRN, PCNS-BC, CPNP, CPEN, APRN
Participants will practice and demonstrate advanced techniques for suturing, adhesive, and staple insertion and removal. This workshop will include the following types of sutures – horizontal mattress, vertical mattress, subcutaneous and subcuticular suture techniques.

B) Infectious Diseases and Antibiotic Stewardship (Rx 50 mins) – Lila Pennington, DNP, FNP/GNP-BC, Assistant Teaching Professor, MU Sinclair School of Nursing, Columbia
This presentation will discuss the current guidelines for prescribing and monitoring antibiotic use to improve patient outcomes and help reduce antibiotic resistance. The evidence for antibiotic stewardship focuses on targeted antibiotics, syndrome-specific interventions and rapid diagnostic testing, all of which will be included.

3:15 Beverage Break
3:30 CONCURRENT SESSIONS (Choose One)
C) Basic Nerve Blocks, I & D Abscess, Punch Biopsy (Rx 15 mins) – Laura Kuensting, DNP, APRN, PCNS-BC, CPNP, CPEN, APRN
This hands-on session will demonstrate best practices for these simple office procedures and allow time for practice by the participants.

D) Post-Menopausal Genitourinary Syndrome (Rx 20 mins) – Sara Revelle, MS(N), APRN, FNP/GNP-BC, Adjunct Instructor of Nursing, MU Sinclair School of Nursing; Nurse Practitioner, Boone Medical Group South, Columbia
Genitourinary syndrome of menopause (GSM), formerly known as atrophic vaginitis, has a significant negative impact on a woman's quality of life. While vasomotor symptoms of menopause eventually resolve, GSM persists and worsens with time. Learn how to recognize, treat, and communicate with patients about this common and under-recognized condition.

5:00 Adjourn
Location

The preconference on Wednesday evening, March 15 will be held at Sinclair School of Nursing, Room S342. Parking will be in the Main Hospital Garage on Monk Drive.

The conference on March 16 & 17 will be held at Peachtree Banquet Center, 120 E. Nifong, Suite D, Columbia, MO, 65205. Should you need to be reached during the activity, the phone number for Peachtree is (573) 875-6608.

Lodging

Stoney Creek Hotel

A block of rooms at the special rate of $99 has been reserved for the evenings of March 15-16, 2017 until February 15, 2017 at the Stoney Creek Hotel, located at 2601 S. Providence Road, Columbia, MO, 65203. After this date, rooms will be on a space available basis only. To make reservations, please call 1-800-659-2220. Be sure to ask for the MU Advanced Practice Assessment & Skills room block.

The hotel is located just off Providence Road, 1.5 miles north of the Peachtree Banquet Center where the conference will be held. Participants are responsible for making their own reservations and guaranteeing reservations with a credit card.

See website for driving directions and area map with location of Peachtree Banquet Center and Stoney Creek Hotel. They are within roughly a 1 mile radius.