

20th Annual Midwest Regional NURSING EDUCATORS CONFERENCE

PRE-CONFERENCE: NOVEMBER 9 • REGULAR CONFERENCE: NOVEMBER 10-11, 2016

We are pleased to invite you to the 2016 Annual Midwest Regional Nursing Educators Conference, now in its 20th year. We have planned a pre-conference workshop and two days of outstanding educational programming based on suggestions from last year's conference attendees and the latest issues and most pressing needs facing educators from both practice and academic settings.

Pre-conference Workshop for both Practice-Based and Academic Educators

Wednesday Evening: November 9, 5:30-8:30pm



MU Sinclair School of Nursing, Room S342
(face-to-face audience)

Please Note Location for Face-to-Face Pre-conference

Transitions to Practice: Merging Two Cultures

Description, purpose, target audience

The focus of this pre-conference workshop is on the nursing skills most frequently requested by new graduates as they transition into practice and/or identified as crucial by their nursing preceptors. Nursing happens in a demanding and rapidly changing environment encompassing the patient, often with several co-morbidities, the family, and myriad healthcare personnel with diverse roles. Preparing new graduate nurses for practice requires more than academic education, it requires a focused program for transitioning these novice nurses into the realities of a complex healthcare environment.

Specific topics include:

- Time Management
- Prioritization
- Multitasking
- Delegation
- Nurse Engagement Strategies

Open discussion will follow involving both the face-to-face audience and the remote audience through Blackboard.

Presenters

Multiple perspectives will be included including new graduate nurses who have recently completed a transition to practice program, a preceptor/practice-based educator from both a smaller and larger hospital and an academic educator.

Agenda

5:30	Check-in, 3rd Floor Student Commons Area, MU Sinclair School of Nursing. Light dinner served.
6:00	Class, S342 and Blackboard
7:15	Break
7:30	Class, S342 and Blackboard
8:30	Adjourn



Although Day One primarily targets Practice-based Educators and Day Two Academic Educators, this event is intentionally planned for both audiences and includes sessions of common interest each day. For this reason over half of the participants attend both days.

The purpose of this conference is to provide an accessible and affordable forum for educators from all settings to come together to discuss common concerns and share strategies that work.

The agenda was jointly developed by classroom and clinical academic faculty and seasoned hospital-based educators. The content is theory-based with a strong focus on practical application. Whether you are an academic educator, a trainer from a practice setting, a preceptor or manager, this event will provide you with new ideas and tools to improve your teaching.

Using a variety of teaching-learning formats including general and breakout sessions, poster presentations, interactive dialogue with speakers, networking with other participants and a pre-conference workshop, these two days are designed for both sides of the equation: educators from practice and academic settings.

November 10-11

Peachtree Banquet and Catering Center, Columbia, MO ~ Thursday: 6.33 contact hours, Friday: 6.0 contact hours

Innovations, Quality and Safety in Nursing Education and Practice

Thursday, November 10, 2016

AM

**7:30 Continental Breakfast and Check-In
Visit Exhibits**

**8:15 Welcome - Shirley J. Farrah, PhD, RN-BC, Teaching Professor
and Assistant Dean, Nursing Outreach, MU Sinclair School of
Nursing, Columbia**

**8:30 Launching a Professional: Nurse Residency Program
Lesla McArdle, MSN, RN, Clinical Education Manager,
Adventist Health, Roseville, CA**

Are we creating life-long learners? Is this one-size-fits-all program meeting our needs? Do we see professional accountability in the workforce? Are we doing more and getting less from our programs? These are a few questions this health system asked prior to developing their transition to practice program. The Adventist Health Nurse Residency Program is a clinical immersion and professional development program designed to ease the transition from new graduate to professional nurse. The structured residency connects the new nurses to the professional practice model while increasing their accountability, satisfaction, and engagement. Hear about how the use of individualized learning plans and other program elements drive the nurse residents' professional development from their first day through their first year.

10:00 Beverage Break - Visit Exhibits

**10:30 Further Dialogue with Lesla McArdle on Launching
a Professional - Moderator: Suzanne Weckman,
MSN, RN, CEN, Time Critical Diagnosis and Staff
Development Coordinator, Phelps County Regional
Medical Center, Rolla**

According to a survey conducted in 2013 by the National

Council of State Boards of Nursing, 55% of the nursing workforce is 50 years old or older. As healthcare experiences the retirement of the 'Baby Boomer' nurses, hiring must turn toward those nurses who have recently graduated and are entering the healthcare environment. Are you prepared to facilitate their entry into practice? This session will help you as you strive to do so.

**10:50 Issues in Nurse Retention - Anne Hackman, BSN, RN,
MPA, NE-BC, Senior Director, Performance Management &
Insights, Advanced Practice Strategies, Boston**
Nurse turnover is on the rise and is now over 16% nationally. A survey of 650 nurses who left their positions within the last 3 years yielded some surprising results on which drivers most contribute to a nurse's decision to leave. Hint: It's neither pay nor overtime!

11:50 Hosted Lunch

PM

**12:40 Poster Session with dessert bar (30 minutes of CE credit
awarded for poster session – presenters will be with their
posters during this time)**

1:10 Hottest New Ways to Educate
Small hospital: Gina Glisson, BAN, RN, QAPI Director,
Fitzgibbon Hospital, Marshall; **Medium hospital:** Sharilyn
Reedy, MSN, RN, Clinical Nurse Educator, Boone Hospital
Center, Columbia (invited); **Large hospital:** Marci Ebberts,
MSN, RN, CCRN-K, Clinical Education Specialist; Kristin
Sollars, BSN, RN, CCRN-K, Clinical Education Specialist, Saint
Luke's Health System, Kansas City
Having trouble getting your hospital staff to attend class,
even when it's mandatory? When they do come to a class,
what helps get their attention? These hospital-based
educators will offer some creative, innovative ideas for



teaching the current nursing workforce including the younger more tech savvy generation.

2:10 GIFTS: Great Ideas For Teaching Staff/Students/ Stuff - Michele Deck, BSN, RN, MEd, LCCE, FACCE
What gifts do you bring to your job? Are you looking for some new ideas for teaching hard to grasp concepts like trust and collaboration? Do you want to find a new way to teach critical thinking skills? Come to this session and discover some teaching methods that can bring out the best in your learners and yourself.

3:10 Beverage Break

3:25 Customer Service: Creating A Caring Culture Michele Deck, BSN, RN, MEd, LCCE, FACCE
With HCAHPS and other drivers of reimbursement, it is essential that we find and educate healthcare professionals who value and can create a caring culture. What is a caring culture and how do we foster it? How do you motivate a diverse workforce to care? Examine 9 and ½ things Disney would do differently if it ran your hospital according to author and healthcare administrator Fred Lee. Discover the signs of compassion fatigue and how to treat it.

4:25 Adjourn

Friday, November 11, 2016

AM

7:30 Continental Breakfast and Check-In Visit Exhibits

8:15 Welcome - Shirley J. Farrah, PhD, RN-BC, Teaching Professor and Assistant Dean, Nursing Outreach, MU Sinclair School of Nursing, Columbia; Jennifer Bussen, MSN, RN, Chairperson, Missouri Chapter of American Association of Colleges of Nursing

8:30 The Top 3 Creative Teaching Strategies for 2016: Be Wise to What's Up and Coming - Michele Deck, BSN, RN, MEd, LCCE, FACCE
Let's face it, some nursing topics are harder to teach than others. This hands-on session will explore the top three challenging topics, including some essential nursing skills. Discover innovative and creative ways to teach that inspire deeper levels of thinking and engagement for your learners. Experience technology you can incorporate into your teaching practice.

9:30 Stretch Break

9:35 Spellbinders: Stories that Create Magic, Inspire, Teach, and Motivate - Michele Deck, BSN, RN, MEd, LCCE, FACCE
Stories have been used for thousands of years as a teaching tool. In this session, discover ways to improve your own story telling skills, so that when teaching, your stories can provide a meaningful learning point. This session focuses on increasing the impact of your message by sharing some story telling success secrets that you can apply immediately.

10:35 Beverage Break, Visit Exhibits

11:00 Delivering Constructive Criticism - Nikole Cronk, PhD, Licensed Clinical Psychologist, Associate Teaching Professor, Department of Family and Community Medicine, University of Missouri, Columbia

The purpose of constructive criticism is to improve an outcome. Sounds simple, but the actual process for nursing educators working to help students understand the need to change behavior is often fraught with emotion. This session will discuss effective ways to offer constructive criticism and provide some exercises to practice those new skills. The presenter will also help participants with personal examples of problems encountered when attempting to provide honest yet supportive feedback to learners.

12:00 Hosted Luncheon

12:50 Poster Session with dessert bar (30 minutes of CE credit awarded for poster session - presenters will be with their posters during this time)

1:20 Stopping Distraction In Its Tracks: Techniques for Using Technology to Engage Your Students - Danna Wren, PhD, Director, Educational Technologies at Missouri, University of Missouri, Columbia

Does it seem like your students are constantly being distracted by what's on their cell phones, tablets and laptops? Do you feel like social media is the enemy of engagement in the classroom? Would you like to learn how to use tools and techniques to redirect their focus back to learning? Join Dr. Wren as she shares some tips and tricks for using technology as a way to re-engage students in your course and content.

2:20 Break

2:35 Concurrent Sessions (choose one session)

A) Test Construction and Analysis - Gina Oliver, PhD, APRN, FNP-BC, CNE, Associate Teaching Professor, MU Sinclair School of Nursing, Columbia
Writing exams can be daunting, especially knowing that it must be a reliable and valid tool. Learn how to effectively write test directions, develop a test blueprint, create objective test questions at a higher cognitive level, and psychometrically analyze an exam to ensure it is sound, meaningful, and purposeful.

B) Best Practices in Simulation and Debriefing Michelle Reams, MS(N), RN, PNP, Instructor of Nursing, MU Sinclair School of Nursing, Columbia; Cindy Bradley, PhD, RN, CNE, CHSE, Assistant Professor, Department of Nursing, University of Central Missouri, Warrensburg
The use of simulation in nursing education has become an essential part of the curriculum. Simulation experiences require a facilitator who manages all aspects of this complex learning experience in order to assure participants meet the anticipated learning outcomes. This session will be presented by two academic educators with expertise in facilitating simulation experiences from setting up the scenario, then guiding the participants through their thought processes and ending with the use of debriefing to promote clinical reasoning.

4:05 Adjourn



CE participation can make a difference!

These are just a few of the intended changes participants reported after attending the 2015 Nursing Educators Conference!

- ✓ Looking at how cognitive structuring can be incorporated into clinical teaching or by simulation.
- ✓ Crucial conversations – I'll try and implement these ideas and steps into my practice.
- ✓ Use debriefing to develop clinical reasoning in newly hired RNs.

Other Comments from last year's participants:

- *The information inspires me to attempt changes that require involving others.*
- *The idea to cut down student idle time and improve their understanding of the real job of being a nurse is exciting!*
- *The culturally competent content discussion was helpful in giving some easy to include strategies.*

Location

The Main Conference on November 10-11 will be held at the Peachtree Catering and Banquet Center Ballroom, 120 E. Nifong, Suite D, Columbia, MO, 65205. Should you need to be reached during the activity, the phone number is (573) 875-6608.

The Pre-Conference on November 9th will take place in the MU Sinclair School of Nursing, Room S342. Please park in the Hospital Visitors' Parking Garage which is attached to the East side of University Hospital. Directions will be sent with confirmation of registration and posted on the conference website: <http://nursingoutreach.missouri.edu/educators16.aspx>

Columbia has something for everyone...fine restaurants, art galleries and specialized museums, historical sight-seeing, and wonderful recreational areas. We look forward to seeing you in Columbia! For more information about the Columbia area, visit www.visitcolumbiamo.com and <http://www.discoverthedistrict.com/>

Lodging

Stoney Creek Hotel

A block of rooms has been reserved on the nights of November 9-10 at the special rate of \$99 until October 10, 2016 at the Stoney Creek Hotel located at 2601 South Providence Rd., Columbia, MO, 65201. After this date, rooms will be on a space available basis only. **To make reservations, please call the hotel directly at 1-800-659-2220 and be sure to ask for the MU SCHOOL OF NURSING ROOM BLOCK.** Participants are responsible for making their own reservations and guaranteeing reservations with a credit card.

See website for map with location of Peachtree Banquet Center and Stoney Creek Hotel. They are within roughly a 1 mile radius.

Please Note:

Speaker handouts will be posted online one week prior to the conference. Paid participants will receive a link to them. If additional handouts are received after this, they will be posted as we receive them. If none are posted, that means we did not receive any in spite of requesting them.

Handouts will remain up at least two weeks after the event.

Please do not share this link with others. If they need a link, please ask them to contact us: nursingoutreach@missouri.edu.

Disclosures

• Accreditation

The University of Missouri Sinclair School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Midwest Multistate Division Provider Number MO1019-7

Up to 6.33 contact hours will be awarded for Day 1 (Nov. 10) and 6.0 contact hours for Day 2 (Nov. 11) to all individuals who attend, complete the evaluation form, and are paid in full. An additional 2.25 contact hours will be awarded for the Pre-Conference on the evening of Nov. 9. This approval is reciprocal in all states and for all specialty organizations that recognize the ANCC approval process.

• Successful completion Requirements

- Learners must attend and be paid in full.
- Learners must participate in any individual or group activities.
- Learners must complete the online evaluation form.

Planning Committee

- Katherine G. Bowman, PhD, RN, *Associate Teaching Professor, MU Sinclair School of Nursing, Columbia*
- Lorraine P. Buchanan, MSN, RN, *Clinical Assistant Professor, University of Missouri-Kansas City School of Nursing and Health Studies*
- Jennifer Bussen, MSN, RN, *Associate Dean of Academic Operations, Chamberlain College of Nursing, St Louis and Chairperson, Missouri Chapter of American Association of Colleges of Nursing*
- Linda Cook, BSN, RN, *Coordinator, Clinical Education, Bothwell Regional Health Center, Sedalia*
- Susan Devaney, EdD, RN, CNL, *Adjunct Professor, MSN degree program, Central Methodist University, Fayette*
- Shirley J. Farrah, PhD, RN-BC, *Teaching Professor, Assistant Dean, Nursing Outreach, MU Sinclair School of Nursing, Columbia*
- Joyce Gentry, PhD, MSN, RN, *Associate Professor, Associate Director, Columbia College, Columbia*
- Anne Hackman, BSN, RN, MPA, NE-BC, *Senior Director, Performance Management & Insights, Advanced Practice Strategies, Boston*
- Linda Sue Hammonds, DNP, APRN, PMHNP-BC, *Assistant Professor, College of Nursing, University of South Alabama, Mobile*
- Anne Heine, MS(N), RN, *Instructor of Clinical Nursing, MU Sinclair School of Nursing, Columbia*
- Ruth Jones, MS(N), RN, *Director of Nursing and Allied Health, Moberly Area Community College, Moberly*
- Libby Klipfel, BSN, RN, CNOR, *Educator Director, Missouri Delta Medical Center, Sikeston*
- Susan McCoy, MSN, RN, *Nurse Educator, Learning Organization, Harry S Truman Veterans Hospital, Columbia*
- Gina Oliver, PhD, APRN, FNP-BC, CNE, *Associate Teaching Professor, MU Sinclair School of Nursing, Columbia*
- Betsy Reeves, MSN, RN, *Clinical Educator, Center for Education and Development, University of Missouri Health Care, Columbia*
- Ann Richardson, MSN, RN, *Nurse Educator, RN-BSN degree program, Central Methodist University, Fayette*
- Nancy Schuenemeyer, RN, *Supervisor Training, Boone Hospital Center, Columbia*
- Cynthia S. Stephens, MSN, RN, *Clinical Instructor, Nursing Outreach, MU Sinclair School of Nursing*
- Suzanne Weckman, MSN, RN, CEN, *Time Critical Diagnosis and Staff Development Coordinator, Phelps County Regional Medical Center, Rolla*