Nursing Outreach: Where Continuing Education and Continuing Competency Meet

Ellis Fischel

Especially designed for Registered Nurses, Advanced Practice Nurses, Social Workers and other Oncology Professionals

Enhancing Knowledge, Promoting Application to Practice

APRIL 22, 2016

Peachtree Banquet and Catering Center • Columbia, MO

Central Missouri Chapter, Oncology Nursing Society

Sinclair School of Nursing

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MU Nursing Outreach
Ellis Fischel
**Purpose and Target Audience**

The purpose of this one-day symposium is to update the knowledge and enhance the skills of oncology nurses, advanced practice nurses, social workers and other cancer care professionals by exploring the latest evidence-based practices and tools related to the clinical management and care of patients with cancer and their families. The day offers a blend of clinical and relationship-centered topics applicable to both inpatient and ambulatory oncology practice settings.

**Why You Should Attend**

- Good blend of theory with clinical application.
- Latest research on cutting edge therapeutics.
- Combination of hard-hitting clinical content and professional development sessions.
- Expert speakers whose clinical practice involves challenges similar to yours.
- Network with professional colleagues regarding excellence in cancer care.
- Return to your practice setting reinvigorated and assured that cancer care is where you belong!

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**Planning Committee**

Carrie Doss, MS, APRN, AOCNP, Family Nurse Practitioner, Ellis Fischel Cancer Center GYN/ONC, MU School of Medicine

Andrea Dockins, RN, Manager, Goldschmidt Cancer Center, Capital Region Medical Center, Jefferson City

Amber Dunlap, RN, OCN, Clinical Nursing Supervisor, Ambulatory Infusion, Ellis Fischel Cancer Center

Shirley Farrah, PhD, RN-BC, Assistant Dean, Nursing Outreach, Sinclair School of Nursing, University of Missouri

Deborah Filer, MSW, Social Worker, Patient and Family Services, Ellis Fischel Cancer Center

Dawn Frederick, RN, OCN, CN-BN, Breast Cancer Patient Navigator, Ellis Fischel Cancer Center

Elizabeth Ann Freeman, RDN, LD, CDE, Oncology Outpatient Dietitian, Ellis Fischel Cancer Center

Ashley Johnston, BSN, RN, Interim Oncology Manager, Oncology Clinical Supervisor, Boone Hospital Center Stewart Cancer Center

Jeanette Linebaugh, MSN, RN, OCN, Manager, Outpatient Clinics and Infusion, Ellis Fischel Cancer Center

Rose Spencer, RN, Supervisor of Oncology & Internal Medicine, Jefferson City Medical Group

Cynthia Stephens, MS (N), RN, Clinical Instructor, Nurse Planner, Nursing Outreach, Sinclair School of Nursing, University of Missouri

Tara Sunderland, BSN, RN, OCN, Service Line Specialist for Oncology-Observation Palliative and Supportive Care, Ellis Fischel Cancer Center

Donna Winberg, BSN, RN, OCN, Staff Nurse, Ambulatory Infusion Unit, Ellis Fischel Cancer Center

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**Featured Speaker**

Matthew D. Jones is a three time cancer survivor, a marathoner and now an inspirational and motivational speaker. Matt’s inspiring message comes from his experiences of survival from cancer. Doctors did not think he would live; but he has now completed marathons on six continents. Matt shares what he has learned about the most current research into the science of success; how to overcome negativity and setbacks.

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**You Can Learn and Have Fun Doing It!**

When asked how they planned to apply what they learned, last year’s participants said:

- All the patient education. I especially enjoyed the talk on patient reproduction, things I never even thought about talking with the patient about.
- We send many patients for transplant, and they ask us questions, now we can help explain what the process is. This may help ease some of their fears.
- Offer fertility counseling appointments to patients.

And, they left renewed and inspired!

- This conference is always so good, close for us to travel, good content, and well organized.
- I really enjoyed the topics.
- This was great!

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**Reminder**

A conference syllabus will not be provided. A link to the handouts will be e-mailed to each paid registrant 5 business days prior to conference.

MU Nursing Outreach asks all speakers to submit handouts. If there are no handouts posted, that means the speaker did not submit them by the due date. If we receive handouts after the due date, they will be posted as we get them. Some speakers bring handouts on the day of the event. Handouts will remain up at least one month after the event.

**Mark your calendar NOW for next year’s conference:**

April 21, 2017
AM
7:15 Check-in and Continental Breakfast
Visit Exhibits (come early to visit exhibits, this is the best time to do so as exhibit times are limited throughout the day)

8:00 Welcome and Introductions
Shirley J. Farrah PhD, RN, BC, Assistant Dean and Associate Teaching Professor, Nursing Outreach, MU Sinclair School of Nursing
Jeanette Linebaugh, MSN, RN, OCN, Manager, Outpatient Clinics and Infusion, Ellis Fischel Cancer Center
Amber Dunlap, RN, OCN, Nursing Supervisor, Ambulatory Infusion, Ellis Fischel Cancer Center; President, Central Missouri Chapter, Oncology Nursing Society

8:30 Nursing is a Marathon - Matthew D. Jones, BA, MLS, PhD(c), Founder of Matt Jones International, Bedford, TX
Listen to a three time cancer survivor discuss oncology nursing from the patient and family perspective. Matt will also compare his journey as a marathoner to the work of nursing. He will show nurses how to attain victory over the challenges encountered in providing excellent patient care by developing their “Marathon Mentality”! This presentation will inspire, motivate, and make you laugh.

Objectives:
1. Identify why a strong commitment to the profession of nursing is important to enhance patient care from the perspective of a former patient.
2. Discuss how to become more effective in communicating with patients in order to meet patient and family needs.
3. Summarize how to collaborate with patients, their family, and other team members to reach solutions and solve problems.

10:00 Break - Visit Exhibitors and Book Signing
(Life’s a Marathon by Matthew D. Jones)

10:30 Multidisciplinary Management of Colorectal Hepatic Metastases - Eric Kimchi, MD, Associate Professor of Surgery and Chief of Division of Surgical Oncology, MU School of Medicine and Medical Director of Ellis Fischel Cancer Center
Colorectal cancer ranks third in incidence of cancer deaths. Almost one-half of those with colorectal cancer will develop hepatic metastasis sometime during their disease. The prognosis of this disease process is improving with a multidisciplinary treatment regimen which will be discussed in this presentation. (Rx 15 mins)

Objectives
4. Discuss the epidemiology and improvements in survival in patients with colorectal cancer with metastasis to the liver.
5. Describe the options and timing of neoadjuvant regimens.
6. Describe surgical considerations and management of colorectal hepatic metastases.

11:30 Hosted Luncheon - Visit Exhibits

12:20 Oncologic Emergencies - Daniel Kingsley MD, FACP, Director, Clinical Trials Office, Associate Professor of Clinical Medicine, Hematology/Medical Oncology, Ellis Fischel Cancer Center
Oncologic emergencies, as the term implies, are life threatening events which occur either as a result of the cancer itself, a paraneoplastic syndrome or the treatment regimen. This presentation will include patients at risk for these complications, target data collection and immediate treatment. Specifically, the presentation will cover: spinal cord compression, superior vena cava syndrome, febrile neutropenia, hypercalcemia, tumor lysis syndrome, SIADH, pericardial tamponade and leukostasis. (Rx 10 mins)

Objectives
7. Discuss the signs and symptoms of selected oncologic emergencies.
8. Identify essential assessments and diagnostic testing needed.
9. Describe the management of selected oncologic emergencies.

1:20 Stretch Break

1:25 What’s New in Lung Cancer Screening
Ramez Sunna, MD, Associate Professor of Clinical Medicine, University of Missouri, Columbia
Approximately 160,000 people die from lung cancer each year. Yearly screenings for at-risk individuals could have an impact on these numbers. Dr. Sunna will discuss the recommendations on counseling and interventions, especially smoking cessation including the latest on the use of e-cigarettes.

Objectives
10. Identify the at-risk population for lung cancer.
11. Discuss the lung cancer screening process.

2:25 Break

2:40 Interprofessional Approach to Cancer Care: Case Study (Panel) - Deborah Filer, MSW, Social Worker, Patient and Family Services, Ellis Fischel Cancer Center; Elizabeth Ann Freeman, RND, LD, CDE, Oncology Outpatient Dietician, Ellis Fischel; Jacob Kettle, PharmD, BCOP, Oncology Clinical
Pharmacy Specialist, Ellis Fischel; Ashley Morton, MSN, RN, ANP-BC, Adult Nurse Practitioner, Division of Medical Oncology, Washington University School of Medicine, BJC Siteman Cancer Center, St. Louis

Cancer therapies often result in many and varied side effects. These problems range from mild fatigue to intractable pain and severe vomiting. This panel of cancer care professionals will offer evidence-based treatment options to help relieve the symptom distress and improve patient outcomes. (Rx 20 mins)

Objectives

13. Using a case study format, explore practically useful and evidence-based interventions to assist patients and their families in managing side effects of cancer treatment.

3:40 Stretch Break

3:45 Booby Hatch: A decade of being a breast cancer patient - M. Heather Carver, PhD, Chair and Professor, Department of Theatre, University of Missouri, Columbia

This presentation will include narratives of Dr. Carver’s experiences as a breast cancer patient since diagnosis, as she underwent a bilateral mastectomy and a variety of cancer treatments, including chemo and radiation for bone metastasis. She will share stories of her relationships with caregivers, including nurses, doctors, technicians and family/friends. ‘Booby Hatch’ is about living life as a Mom, wife, daughter, friend, teacher and learning that health and humor often go hand in hand.

Objectives

14. Discuss the experiences of diagnosis and treatments for breast cancer, including post-treatment.
15. Describe how the relationships with caregivers and family influence the healthcare journey.

4:30 Adjourn

Accreditation

Nursing

The University of Missouri Sinclair School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Midwest Multistate Division Provider Number 716-VII.

Up to 6.25 contact hours, including 0.75 hr Rx credit, will be awarded to all individuals who attend, complete the evaluation form and are paid in full.

Social Work

0.625 CEUs (6.25 contact hours) have been applied for from the University of Missouri, School of Social Work.

Location

This conference will be held at the Peachtree Catering and Banquet Center Ballroom, 120 E. Nifong, Suite D, Columbia, MO, 65205. Should you need to be reached during the activity, the phone number is (573) 875-6608. Directions and driving/flight/shuttle information is posted on conference website: http://www.nursingoutreach.missouri.edu.

Lodging

Stony Creek Inn

A block of rooms at the special rate of $99 has been reserved for April 21 until March 23, 2016 at the Stony Creek Inn, 2601 South Providence Rd, Columbia. The hotel is just off Providence Road, 1.5 miles north of the Peachtree Banquet Center where the conference will be held. After this date, rooms will be on a space available basis only.

To make reservations, please call 800-659-2220. Be sure to ask for the MU SCHOOL OF NURSING room block. Participants are responsible for making their own reservations and guaranteeing reservations with a credit card. A map may be found on www.nursingoutreach.missouri.edu.

The University of Missouri-Columbia complies with the guidelines set forth in the Americans with Disabilities Act of 1990. If you have special needs as addressed by the ADA and need special assistance with this or any portion of the learning process, please notify us as soon as possible. Reasonable efforts will be made to accommodate your needs.

Interested in exhibiting at this event?

Please go to the conference website: http://nursingoutreach.missouri.edu/oncology16.aspx

Online registration is available at http://nursingoutreach.missouri.edu/oncology16.aspx