

CLINICAL ONCOLOGY

SYMPOSIUM • 2017

Enhancing Knowledge, Promoting Application to Practice

APRIL 21, 2017

Peachtree Banquet and Catering Center • Columbia, MO



Sinclair School of Nursing
University of Missouri Health

PRESENTED BY
MU Nursing Outreach | Ellis Fischel Cancer
Center | MU Extension

PURPOSE AND TARGET AUDIENCE

The purpose of this one-day symposium is to update the knowledge and enhance the skills of oncology nurses, advanced practice nurses, social workers and other cancer care professionals by exploring the latest evidence-based practices and tools related to the clinical management and care of patients with cancer and their families. The day offers a blend of clinical and relationship-centered topics applicable to both inpatient and ambulatory oncology practice settings.

WHY YOU SHOULD ATTEND

- Good blend of theory with clinical application.
- Latest research on cutting-edge therapies.
- Combination of hard-hitting clinical content and professional development sessions.
- Expert speakers whose clinical practice involves challenges similar to yours.
- Network with professional colleagues regarding excellence in cancer care.
- Return to your practice setting reinvigorated and assured that cancer care is where you belong!

*You can learn
and have fun doing it!*

When asked how they planned to apply what they learned, last year's participants said:

- *One of the most important things that I got from this is mindfulness and self-awareness are critical to be able to provide quality care to my patients.*
- *I really became more aware of chemotherapy complications.*
- *I want to make a handout with oncology emergencies for my new staff.*

And, they left renewed and inspired!

- *I think this might have been the best symposium I have attended.*
- *I truly enjoyed this conference and learned a lot!*
- *Excellent day; fast paced; upbeat.*

Register today to reserve your spot at this year's symposium: nursingoutreach.missouri.edu/oncology17.aspx

FEATURED SPEAKER



Kim Becking is a nationally sought after motivational speaker, author and patient advocate. More importantly, Kim is a cancer and life thriver who truly believes that life's inevitable challenges are an opportunity to pause and reinvent ourselves –

not only surviving but thriving, even in the midst of unexpected change, challenges and adversity. In 2002, at the age of 30, while planning her son's second birthday Kim was diagnosed with breast cancer. She fought it and with her friends and co-authors, wrote a best-seller book – *Nordie's at Noon – The Personal Stories of Four Women "Too Young" for Breast Cancer.*

PLANNING COMMITTEE

Carrie Doss, MS, APRN, AOCNP, Family Nurse Practitioner, GYN/ONC, MU School of Medicine, Ellis Fischel Cancer Center

Amber Dunlap, BSN, RN, OCN, Clinical Nursing Supervisor, Ambulatory Infusion, MU Healthcare, Ellis Fischel Cancer Center

Shirley Farrah, PhD, RN-BC, Assistant Dean, Nursing Outreach and Teaching Professor, MU Sinclair School of Nursing

Deborah Filer, MSW, Social Worker, Patient and Family Services, MU Healthcare, Ellis Fischel Cancer Center

Elizabeth Ann Freeman, RDN, LD, CDE, Oncology Outpatient Dietitian, MU Healthcare, Ellis Fischel Cancer Center

Jeanette Linebaugh, MSN, RN, OCN, Manager, Outpatient Clinics and Infusion, Ellis Fischel Cancer Center

Sue Sinele, RN, OCN, Nurse Clinician, Cancer Screening Services, MU Healthcare, Ellis Fischel Cancer Center

Cynthia Stephens, MS(N), RN, Clinical Instructor, Nurse Planner, MU Sinclair School of Nursing, Nursing Outreach

Tara Sunderland, BSN, RN, OCN, Service Line Specialist for Oncology-Observation Palliative and Supportive Care, MU Healthcare, Ellis Fischel Cancer Center

Donna Winberg, BSN, RN, OCN, Staff Nurse, Ambulatory Infusion Unit, MU Healthcare, Ellis Fischel Cancer Center

MU Nursing Outreach

Where Continuing Education and Continuing Competency Meet

AGENDA • FRIDAY, APRIL 21

- AM**
- 7:15 Check-in and Light Breakfast**
Visit Exhibits (come early to visit exhibits, this is the best time to do so as exhibit times are limited throughout the day)
- 8:00 Welcome and Introductions**
Shirley J. Farrah, PhD, RN, BC, Assistant Dean, MU Nursing Outreach and Teaching Professor, MU Sinclair School of Nursing
Jeanette Linebaugh, MSN, RN, OCN, Manager, Outpatient Clinics and Infusion, Ellis Fischel Cancer Center
Heather Schrimpf, BSN, RN, OCN, Staff Nurse, Ellis Fischel Cancer Center; President, Central Missouri Chapter, Oncology Nursing Society
- 8:30 The Rollercoaster Ride of Life: Learning to Throw Your Hands Up, Scream and Find the Joy**
Kim Becking, BS, JD, Motivational Speaker, Best-selling Author, Chief Motivational Officer – Looking Forward Living Life, LLC, Columbia
A rollercoaster is defined as anything characterized by abrupt and extreme changes, also known as life. Kim Becking will share her honest, raw, inspiring and humorous ride on the rollercoaster of life. Through the ups and downs of cancer, divorce, job transitions and other dips, she learned to throw her hands up, scream and, in the end, find the joy on the ride of her life, even in the midst of pain, chaos and uncertainty.

In this session, Kim will share valuable insight from a cancer patient's perspective about how healthcare providers can make a meaningful impact on the patients they serve by focusing not just on the big things, but the little things too. Kim will also remind us that an important part of caring for others is first caring for ourselves. You can't give to others if you have nothing left to give. You will walk away with practical tips on how to make time for yourself, reduce stress, and ultimately take control of your health and your life.
- 9:30 Beverage Break – Visit Exhibitors**
- 9:50 Lynch Syndrome – Stacey Miller, MS, CGC, Genetic Counselor, Gene DX, Gaithersburg, MD**
Lynch syndrome, previously called hereditary nonpolyposis colorectal cancer (HNPCC) syndrome, is an autosomal dominant genetic condition that increases the risk for many cancers including colorectal cancer. There are many indications to consider when determining if a patient and/or family has Lynch syndrome. Learn more about the signs, causes and diagnosis of this condition from an experienced genetic counselor.
- 10:50 Cancer Nutrition and Inflammation**
Mark Hunter, MD, Director, Division of Gynecologic Oncology, MU School of Medicine, Columbia
Inflammation, especially when prolonged, can damage healthy body cells and lead to a weakened immune system. Causes of chronic inflammation can be obesity, smoking (including secondhand), stress, not exercising and even your diet. This speaker will discuss how chronic inflammation can lead to cancer and how we can be preventative with an anti-inflammatory diet.
- 11:50 Hosted Luncheon – Visit Exhibits**
Check out the book signing of *Nordie's at Noon* by Kim Becking, the opening speaker.
- 12:45 New Technologies in Lung Cancer: Diagnosing & Localized Treatment – Ramez Sunna, MD, Associate Professor of Clinical Medicine, MU School of Medicine, Columbia**
This presentation will focus on the latest technologies in diagnosis and staging of lung cancer and the role of localized airway treatments.
- 1:45 HPV Positive Cancers – Jeffrey B. Jorgensen, MD, Associate Professor of Clinical Otolaryngology, MU School of Medicine, Columbia**
Human Papilloma Virus (HPV) is a common infection. Some types can cause warts on the individual's skin, mouth or genitals. Other types of HPV can cause cancer. This speaker will discuss head and neck cancers that are positive for HPV including prevention, diagnosis and treatment.
- 2:45 Break**
- 3:00 Cachexia in Cancer (Rx 10 mins)**
Kan Huang, MD, PhD, MS, Assistant Professor Clinical Medicine, MU School of Medicine, Columbia
For many years, the loss of adipose tissues and muscle mass for individuals suffering with cancer has been a problem. Only recently have strides been made in our understanding of the processes of cachexia so that now we can begin to plan treatment for this condition.
- 4:00 Adjourn**

GENERAL INFORMATION

Accreditation

Nursing

The University of Missouri Sinclair School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Midwest Multistate Division Provider Number MO1019-7.

Up to 6.0 contact hours, including 0.16hr Rx credit, will be awarded to all individuals who attend, complete the evaluation form and are paid in full.

Social Work

Continuing education units have been requested from the University of Missouri, School of Social Work.

Requirements for Successful Completion

- Learners must attend and be paid in full
- Learners must participate in any individual or small group activities
- Learners must complete the online evaluation form

Location

This conference will be held at the Peachtree Catering and Banquet Center Ballroom, 120 E. Nifong, Suite D, Columbia, MO, 65205. Should you need to be reached during the activity, the phone number is (573) 875-6608. Directions and driving/flight/shuttle information may be found on the conference website: <http://www.nursingoutreach.missouri.edu>.

Lodging

Stony Creek Inn

A block of rooms at the special rate of \$99 has been reserved for April 20 until March 20, 2017 at the Stony Creek Inn, 2601 South Providence Rd, Columbia. After this date, rooms will be on a space available basis only. To make reservations, please call 1-800-659-2220. **Be sure to ask for the MU Oncology Conference room block.** Participants are responsible for making their own reservations and guaranteeing reservations with a credit card. A map may be found on www.nursingoutreach.missouri.edu.



The University of Missouri-Columbia complies with the guidelines set forth in the Americans with Disabilities Act of 1990. If you have special needs as addressed by the ADA and need special assistance with this or any portion of the learning process, please notify us as soon as possible. Reasonable efforts will be made to accommodate your needs.



REMINDER

A conference syllabus will not be provided. A link to the handout will be e-mailed to each paid registrant five business days prior to the conference and remain up for thirty days following the conference.

MU Nursing Outreach asks all speakers to submit handouts. If there are no handouts posted, that means the speaker did not submit them by the due date. If we receive handouts after the due date, they will be posted as we get them. Some speakers bring handouts on the day of the event.

MU Nursing Outreach only provides the link to handouts to paid registrants of this conference. Accordingly, please do not share this link. If someone needs the link, they should call our office at 573-882-0215.

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Interested in exhibiting at this event?

Please go to the conference website: <http://nursingoutreach.missouri.edu/oncology17.aspx>

Online registration is available at <http://nursingoutreach.missouri.edu/oncology17.aspx>