High Risk Pregnancy

Keynote Speaker

Women at Risk during Pregnancy and Childbirth

Nancy K. Lowe, PhD, CNM, FACNM, FAAN
Editor, Journal of Obstetric, Gynecologic, & Neonatal Nursing
Professor & Director of Global Health Initiatives, College of Nursing, University of Colorado, Anschutz Medical Campus Aurora, CO

Agenda

October 29, 2015 • Peachtree Banquet Center

7:30 Check-in and Continental Breakfast, Visit Exhibits
Come early to visit exhibits, this is the best time to do so as exhibit times are limited throughout the day.

8:15 Welcome and Introductions
Shirley J. Farrah, PhD, RN-BC, Assistant Dean and Associate Teaching Professor, Nursing Outreach, MU Sinclair School of Nursing

8:30 Women at Risk During Pregnancy and Childbirth – Nancy K. Lowe, PhD, CNM, FACNM, FAAN
This presentation will provide an overview of our current understanding of risk assessment and risk realities during pregnancy and childbirth. The concepts of potential risk, risk factors, and high risk will be explored in the context of perinatal care to ameliorate or eliminate risk. Current national data on outcomes of pregnancy and childbirth in the US will be included.

Objectives:
1. Differentiate potential risk, risk factors, and high risk as concepts in the care of women during pregnancy and childbirth.
2. Explain the benefits and limitations of risk assessment and perinatal care to ameliorate or eliminate risk during pregnancy and childbirth.

3. Articulate the relationships among risk factors in childbearing women and the outcomes of pregnancy and childbirth in the U.S.

Beverage Break (Visit Exhibitors)

Baby–Friendly: What is it? Why it’s a Big Deal – Courtney Barnes, MD, Assistant Professor of Clinical Obstetrics, Gynecology and Women’s Health, MU School of Medicine, Columbia
The Baby-Friendly Hospital Initiative is a global program to recognize hospitals that provide optimal care for infant feeding and mother/baby bonding. This talk will focus on what it means to become a Baby-Friendly hospital and the positive impact these hospitals make on the lives of mothers and babies. The presenter will include both positive and negative influences encountered on this journey and offer practical solutions for overcoming the distractors.

Objectives:
4. Describe the impact of breastfeeding on public health.
5. Discuss what it means to be Baby-Friendly.
6. Identify how to talk to patients about infant feeding choice.

Accreditation

Nursing
The University of Missouri Sinclair School of Nursing is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.
Midwest Multistate Division Provider Number 716-VII.
Up to 6.5 contact hours will be awarded to all individuals who attend, complete the evaluation form, and are paid in full. This approval is reciprocal in all states and for all specialty organizations that recognize the ANCC approval process.

Lactation Consultants
IBLCE CERPS have been applied for. Watch the conference website for further updates http://nursingoutreach.missouri.edu/perinatal15.aspx.
Epigenetic Influences on Perinatal Health

Val Bader, PhD, RN, CNM, Assistant Teaching Professor, MU Sinclair School of Nursing, Columbia
Rocio Melissa Rivera, PhD, Developmental Epigenetics Laboratory, Associate Professor, Division of Animal Sciences, Animal Reproductive Biology Group, University of Missouri, Columbia

Epigenetic influences have been studied extensively in animals and have been shown to influence health. Recent evidence suggests that epigenetic mechanisms also profoundly influence human health. This presentation will describe epigenetic mechanisms, how epigenetics influence health especially in the perinatal period, and how epigenetic changes are inherited. Finally, implications for nursing care and future research will be suggested.

Objectives:
1. Explain how to educate and support your patients about infant feeding throughout the prenatal, labor, and postpartum time periods.
2. Explain epigenetic mechanisms and inheritance.
3. Examine the importance of nursing care in the context of epigenetic influences.
4. Explore the ethical implications of epigenetic influences on health.
5. Describe epigenetic mechanisms, how epigenetics influence health especially in the perinatal period, and how epigenetic changes are inherited. Finally, implications for nursing care and future research will be suggested.

Change Rooms

CONCURRENT SESSIONS (choose A or B)

A. The Drug Exposed Infant

Judy Bildner, MCCNS, RN, Nurse Manager, MU Women’s and Children’s Hospital, Columbia

The care of the drug exposed infant continues to be a challenge in health care today. This presentation will focus on the care for these infants after birth which includes the guidelines for use of the Finnegnan Scoring tool for withdrawal, treatment options and follow up.

Objectives:
1. Review the signs and symptoms of drug withdrawal.
2. Discuss the medication options and treatments.
3. Explain the use of the Finnegnan score.

B. Legal Documentation for OB

Mariam Decker, JD, RN, Olive, Walker & Wilson, Attorneys at Law, Columbia

This presentation will discuss components of a medical malpractice suit including the ‘hot spots’ of nursing liability. The presenter will offer high-risk obstetrical scenarios and discuss common documentation mistakes. Best practices for documentation will also be discussed.

Objectives:
1. Identify common etiologies in postpartum hemorrhage.
2. Discus any available treatments.
3. Recognize and or carry out rapid response.
4. Evaluate the components of a medical malpractice suit.

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Planning Committee:

Valerie Bader, PhD, RN, CNM, Assistant Teaching Professor, MU Sinclair School of Nursing, University of Missouri, Columbia
Stacie Barker, MSN, RNC-NIC, Patient Care Supervisor, Women’s and Children’s Health, Boone Hospital Center, Columbia
Judy Bildner, MCCNS, RN, Nurse Manager, MU Women’s and Children’s Hospital, Columbia
Tracy Bocklage, RNC, Manager, Women’s Service Line, MU Women’s & Children’s Hospital, Columbia
Shirley Farrah, PhD, RN-Bc, Assistant Dean, Nursing Outreach, Associate Teaching Professor, MU Sinclair School of Nursing, Columbia
Cindy Franke, BSN, RNC-NIC, Acute Care Nursing Supervisor, Neonatal Intensive Care Unit, MU Women’s and Children’s Hospital, Columbia
Catherine Lewis, RN, OB Manager, Capital Region Medical Center, Jefferson City
Trina Ragain, MSPH, State Director of Program Services, March of Dimes of Missouri, St. Louis
Rebecca Schwaller, BSN, RN, IBCLC, Childbirth Education Coordinator, Lactation Consultant, SSM Healthcare, St Mary’s, Jefferson City
Cynthia Stephens, MS(N), RN, Clinical Instructor, Nurse Planner, Nursing Outreach, MU Sinclair School of Nursing, Columbia
Christina Vollrath, MSN, RN, NE-BC, Director of Nursing, Patient Care Services, MU Women’s & Children’s Hospital, Columbia
Alison Williams, MBA-HCM, BSN, RN, Vice President of Clinical Quality Improvement, Missouri Hospital Association, Jefferson City
Debbie Yarnell, RN, Program Year One Coordinator, State Fair Community College Nursing Program, Sedalia
Judy Wilson-Griffin, MSN, RNC, PNCNS, Section Chair, AWHONN of Missouri, St. Louis

Handouts: A conference syllabus will not be provided. A link to the handouts will be e-mailed to each paid registrant one week prior to the conference.

Note: Participants are asked to set their cell phones on vibrate or silent and exit the meeting room for all calls. Please bring a sweater or jacket due to variations in temperature and personal preferences.
## Opportunities for Exhibit Space or Sponsorship

### Exhibitors:
You are cordially invited to engage in face-to-face conversations with perinatal healthcare providers and educators from across the state. This is an opportunity to share your products or services with a number of key contacts in a short time frame.

### Sponsors:
There are opportunities to sponsor refreshment breaks, continental breakfast and hosted luncheon as well as invited speakers.

See the conference website [http://nursingoutreach.missouri.edu](http://nursingoutreach.missouri.edu) for details and an application form or call 573-882-0215.

## General Information

### Location
The Perinatal Conference on October 29 will be held at the Peachtree Catering and Banquet Center, 120 E. Nifong, Suite D, Columbia, MO, 65205. Should you need to be reached during the activity, the phone number is (573) 875-6608.

### Lodging • Stoney Creek Inn
A block of rooms has been reserved on the night of October 28 at the special rate of $99 until September 28, 2015 at the Stoney Creek Inn located at 2601 South Providence Rd., Columbia, MO, 65201. After this date, rooms will be on a space available basis only. To make reservations, please call the hotel directly at 1-800-659-2220 and guaranteeing reservations with a credit card. Directions and driving/flight/shuttle information and guaranteeing reservations with a credit card.

Responsible for making their own reservations NURSING ROOM BLOCK. Participants are and be sure to ask for the MU SCHOOL OF  please call the hotel directly at 1-800-659-2220 MO, 65201. After this date, rooms will be on a space available basis only. To make reservations, and be sure to ask for the MU SCHOOL OF "Peachtree Catering and Banquet Center," 120 E. Nifong, Suite D, Columbia, MO, 65205. Should you need to be reached during the activity, the phone number is (573) 875-6608.

## Conference Cost

### High Risk Pregnancy

### Registration Form

Full Name: ________________________________

Name for Badge (if different): ________________________________

Educational Credentials: ________________________________

Organization: ________________________________ Position: ________________________________

Work Mailing Address: ________________________________

City/State/Zip/County: ________________________________

Home Mailing Address: ________________________________

City/State/Zip/County: ________________________________

Phone: ________________________________ Fax: ________________________________

Email: ________________________________

___ I am a Mizzou Alum ___ I do not want my name listed on the conference roster.

For credit card payment please call our office (573)882-0215 or register online.

Do NOT fax or e-mail credit card information.

### Registration/Payment: (You are not considered registered until your payment is received)

If you register without paying, you are responsible for payment whether or not you attend the conference unless you cancel one week before the conference.

___ Check enclosed made payable to University of Missouri

### Please indicate which profession you are representing:

- ___ RN
- ___ NP (___ FNP, ___ ANP, ___ WHCNP, ___ other ______________________)  
- ___ CNS
- ___ CNM
- ___ Lactation Consultant
- ___ Other____________________

### Please indicate which Concurrent Session you are most interested in attending:

- ___ A. The Drug Exposed Infant
- ___ B. Legal Documentation for OB

### How do you prefer to receive mailings about upcoming conferences?

- ___ Direct Mail Brochures
- ___ Electronic Notification
- ___ Either way is fine

### Questions? Comments? Call (573) 882-0215 or email NursingOutreach@missouri.edu

- ___ Please use ISE (MU only) MO Code ____________________ PS Account __________________

Please charge my: ___ Discover ___ Visa ___ MasterCard ___ American Express

Name on Card: ________________________________

Account #: ________________________________ Expiration Date: ________________________________

Signature: ________________________________

Address if different than above: ________________________________

City/State/Zip: ________________________________

___ Fax registration to: (573) 884-8278 ___ Check is being processed and will arrive under separate cover.

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Perinatal Nursing Conference

High Risk Pregnancy

October 29, 2015
Peachtree Banquet Center
Columbia, MO

Purpose
The purpose of this one-day conference is to update the knowledge and enhance the skills of healthcare providers related to the clinical management and care of high risk pregnant women and their newborn babies. The day features the latest evidence-based practices and tools applicable to both inpatient and ambulatory perinatal practice settings. Plenary sessions on topics of general interest are complemented by breakout sessions of more specialized topics.

Target Audience
Obstetric, Nursery and Neonatal ICU nurses, advanced practice nurses, lactation consultants, students, educators, clinical managers and other maternal and infant health professionals.

See inside for program details and registration information!

Visit our website for complete program details and online registration:
nursingoutreach.missouri.edu